Reducing use of low-value care, starting with services that provide no clinical benefit in particular patient populations, is central to improving health equity.

Studies estimate that as much as 25% of total U.S. medical spending does not contribute to improved individual or population health.

Disparities in Low-Value Care Delivery

Black and Brown patients are at a higher risk of receiving more lower-value and lower-quality care when compared to white patients which contributes to inequities and disparities in health outcomes.

What determines the value of clinical services?

MOVING FORWARD

Redefining value to incorporate equity and the diverse needs of underserved communities can encourage progress towards addressing disparities.

POTENTIAL SOLUTIONS TO ENHANCE EQUITY IN COMMUNITIES OF COLOR

Devote resources to examine how low-value care impacts equity in underserved communities.

Increase engagement with underserved communities to identify services that are low-value.

Generate research that incorporates the unique perspectives and needs of underserved communities.

Promote policy change to remove incentives to provide low-value care.

For more information, please visit https://vbidcenter.org/initiatives/low-value-care/