

# V-BID in Diabetes Care

## DIABETES

- ★ Affects 34.2 million Americans, or **10.5% of the population**
- ★ Is the **7th leading cause of death** in the United States
- ★ **1.5 million people** are diagnosed with diabetes annually

Source: <http://www.diabetes.org/diabetes-basics/statistics/>

While there are well-defined quality metrics for managing diabetes...

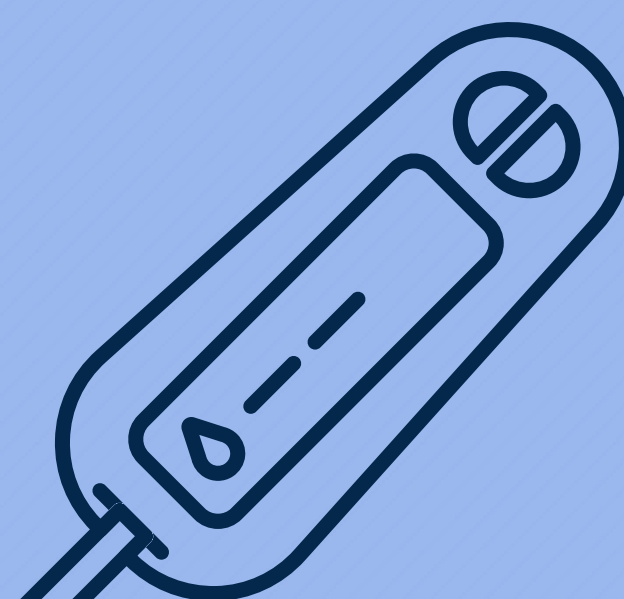
Drugs



Foot Exams



Blood Sugar Testing



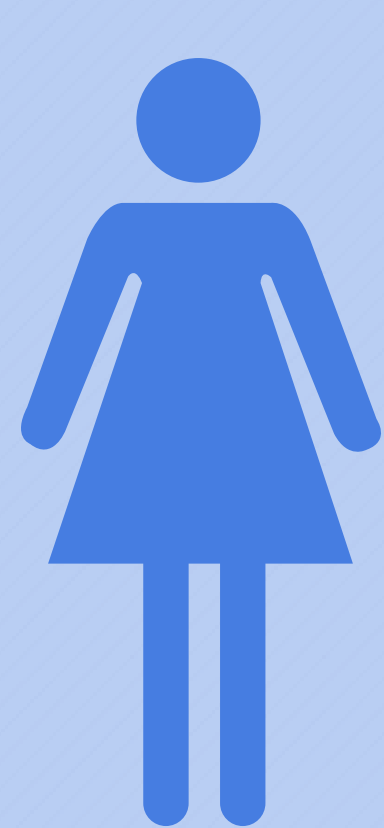
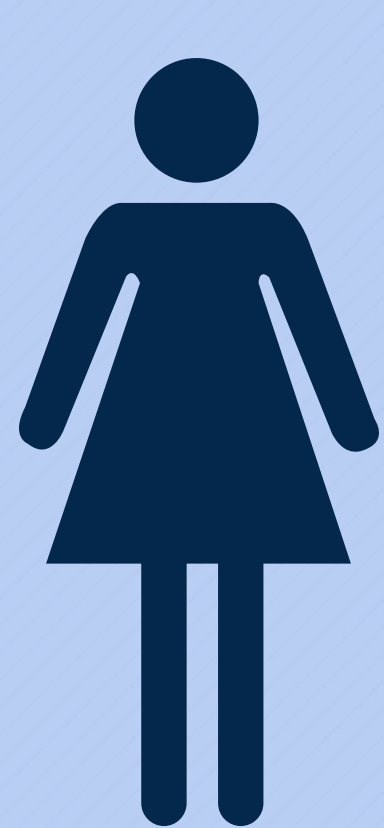
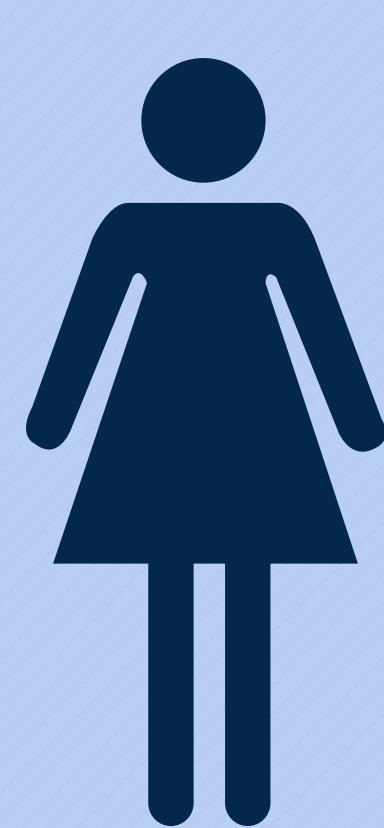
Eye Exams



...less than 10% of patients receive recommended **high-value services**

Source: N Engl J Med. 2013;368(17):1613-1624

ONE IN SIX



does not receive recommended services due to



**FINANCIAL BARRIERS**

that disproportionately affect vulnerable populations



Source: <https://www.ncbi.nlm.nih.gov/pubmed/29944967>

## Value-Based Insurance Design

lowers or removes **financial barriers** to **high-value** diabetes care

V-BID  
**increases**  
**adherence**  
to...

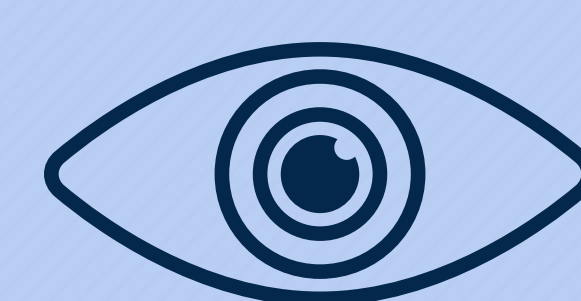
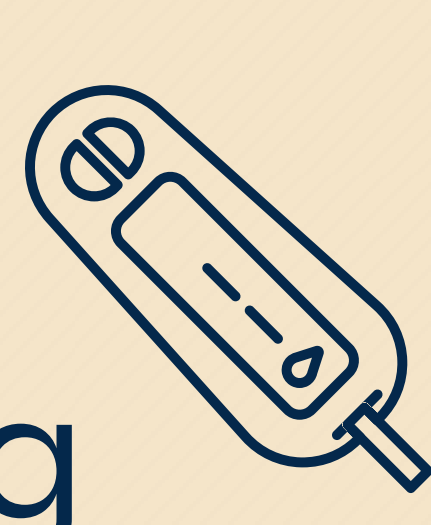


Drugs



Foot  
Exams

Blood  
Sugar  
Testing



Eye  
Exams



...with **no**  
**change** in  
total  
spending

Source: <https://www.healthaffairs.org/doi/full/10.1377/hlthaff.2017.1633#EX4>

## The 2021 Medicare Part D Senior Savings Model

This voluntary model enables Part D & Medicare Advantage plans to cap 30-day **insulin copays** at **\$35...**



...saving participating beneficiaries an average of **\$446 per year** in out-of-pocket costs

<https://www.cms.gov/newsroom/press-releases/cms-launches-groundbreaking-model-lower-out-pocket-expenses-insulin>

## V-BID in Diabetes Care: Who Benefits?



Consumers

- ★ Improves patient-centered outcomes
- ★ Reduces health disparities

Payers



- ★ No change in total spending
- ★ Promotes efficient expenditures



Providers

- ★ Enhances access to evidence-based care
- ★ Aligns with provider incentives



CENTER FOR VALUE-BASED INSURANCE DESIGN

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