

ads/health

WHITE PAPER

The **Top 3** Benefits to Acuity Based Staffing

DOWNLOAD NOW

ads/click_b

<http://oascentral.h...>

Top Stories

[CMS reveals 2015 Medicare premiums \(/blog/cms-reveals-2015-medicare-premiums-and-deductibles\)](http://www.healthcarefinancenews.com/blog/cms-reveals-2015-medicare-premiums-and-deductibles)

[10 ways to boost patient satisfaction \(/news/10-ways-to-boost-patient-satisfaction\)](http://www.healthcarefinancenews.com/news/10-ways-to-boost-patient-satisfaction)

[Can a merger bring 'reimagined' health? \(/news/can-merger-bring-reimagined-health\)](http://www.healthcarefinancenews.com/news/can-merger-bring-reimagined-health)

APR 05, 2010

N.J. health system employs value-based program

Patty Enrado (/news/author/46)

(/news/author/46)

By deploying a value-based wellness program, the Solaris Health System has experienced a 17 percent cost reduction among employee participants diagnosed with diabetes.

“This drop can be attributed to the participants’ successful engagement with the program,” said Solaris CFO Pat Cooke. Engagement activities included annual eye exams and an A1c test every six months, as well as refilling diabetes medications.

The savings were calculated on diabetes per member per month (PMPM) costs from January 2008 through April 2009. The paid medical PMPM for eligible diabetic members within that timeframe was \$1,071. From January 2009 through April 2009, paid medical PMPM decreased to \$835, resulting in a \$236 PMPM savings.

Prescription costs increased year over year because participants began taking their medication regularly, Cooke said. From January 2009 through April 2009, paid prescriptions PMPM was \$220, an increase of \$24 from the paid medical PMPM for eligible diabetic members from January 2008 through December 2008.

“Medicine adherence, which is an important part to proactive health management, is a key contributor to a successful value-based plan design,” she said.

Nearly 29 percent of Solaris employees participated in the wellness program and were rewarded with such benefits as lower employee contribution and prescription drug co-pays, no co-pays for annual adult physicals and four hours of paid time off to complete annual checkups and screenings.

“We believe in the carrot vs. the stick,” Cooke said. “You have to start by building a

YOUR DAILY DOSE OF HEALTHCARE FINANCE

Enter Your Email

Keep Me Apprised!

(<http://pages.healthcarefinancenews.com/hfn-newsletter-subscription.html>)

SEE WHAT YOUR PEERS ARE SAYING.

Which initiative in your hospital do you believe will generate the most value over the next 3 years?

- Training staff
- Upgrading IT systems
- Introducing new ways to share data
- Changing patient care protocols
- Changing business processes

SUBMIT

PARALLON

Featured Resources

5 Leading Practices for Labor Cost and Care Quality Improvement: Leveraging Workforce Data

(<http://pages.healthcarefinancenews.com>)

<http://www.healthcarefinancenews.com/news/nj-health-system-employs-value-based-program>

Page 1 of 5

culture of wellness. This is the motivation that some people need.”

Solaris deploys HealthInsight’s value-based healthcare administration platform to identify and track health actions.

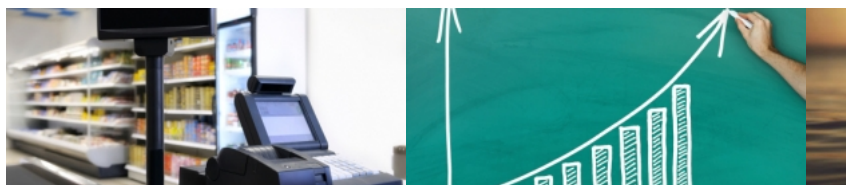
“There has been a lot of interest in the last 12 months in value-based plan design,” said Janice Rahm, executive vice president at HealthInsight. Participation and compliance rates have gone up, which are being fueled by healthcare savings that participating organizations, such as Solaris, are reporting, she said.

Solaris is expanding and fine-tuning its program, which includes building on its robust communication platform to reach out to noncompliant members, Cooke said.

To maximize value-based plans, organizations need to communicate continually with members and consumers, said Jan Berger, MD, CMO of Silverlink Communications. “It’s very important for consumers to understand what they’re supposed to do and how to do it,” she said.

Show All Comments

News



Retail health a double-edged sword

(/news/retail-health-double-edged-sword)

The emergence of digital and retail health is a clarion call for hospitals and medical practices to innovate and improve the patient experience. However, providers could lose patients to retail companies if the seeds sown by the likes of CVS, Walgreens and Walmart ...

5 opportunities for improving hospital revenue cycle management

(/news/5-opportunities-improving-hospital-revenue-cycle-management)

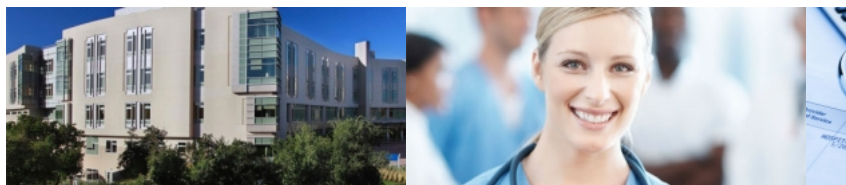
With hospital margins growing tighter and bad debt increasing, improving revenue cycle becomes more important than ever. Here are some tips to do that.

Sink health

(/news/sink-health)

While inpatient hospital brick-and-mortar create financial

Whitepapers



A Healthy Solution for El Camino Hospital: Case Study

(http://pages.healthcarefinancenews.com/pages/healthy-solution-for-el-camino-hospital-case-study)

Top 3 Benefits of Acuity-Based Staffing

(http://pages.healthcarefinancenews.com/pages/top-3-benefits-of-acuity-based-staffing)

How You

Leading-Practices-for-Labor-Cost-and-Care-Quality-Improvement-Leveraging-Workforce-Data.html?topic=operations%26strategicplanning



A recent Health Leaders survey of 124 senior leaders sheds light on the top 5 workforce initiatives healthcare executives across the country are using for successful labor cost and quality of care ...



(http://oascentral.himss.org/RealMedia/ads/click x)

Most Popular



5 ways to improve RCM (/news/5-opportunities-improving-hospital-revenue-cycle-management)



5 challenges facing health systems (/news/5-challenges-facing-health-systems)



Top 10 healthcare issues for 2014 (/news/top-10-healthcare-issues-2014)



10 ways to boost patient satisfaction (/news/10-ways-boost-patient-satisfaction)

Healthy-Solution-for-El-Camino-Hospital-Case-Study.html?topic=capitalfinance%26reimbursement%26payors) maintain and improve the quality of care your organization provides. A dra The Accounts Payable team of El Camino Hospital was looking for a robust and reliable technology that could provide greater benefits and growth opportunities than their existing payment solution. After reviewing a number of options, El Camino in ...

Top-3-Benefits-to-Acuity-Based-Staffing.html?topic=workforce) can prove to be a daunting challenge. With legislative changes from the Affordable Care Act (ACA), that demand a higher level of clinical outcomes, along with declines in ...

Heal Reve topic A dra patie cop more chall other the ..



(http://himsswire.com/)

How Intermountain Healthcare does privacy & security
(http://www.healthcareitnews.com/story/widget-dest=http://www.himsswire.com/article/business-articles/privacy-projects-as-health-system-employs-value-based-program)

CISO Karl West explains the health system's process for evaluating all new...

Analytics project slashes sepsis deaths
(http://www.healthcareitnews.com/story/widget-dest=http://www.himsswire.com/article/business-articles/privacy-projects-as-health-system-employs-value-based-program)

Penn Medicine put data and analytics to work and reduced its sepsis mortality...

Take the Patient Engagement Survey
(http://www.healthcareitnews.com/story/widget-dest=http://www.himsswire.com/article/business-articles/privacy-projects-as-health-system-employs-value-based-program)

Healthcare IT News is gathering information and input on patient engagement for...

FCC to Hire Coordinator for Medical Body Area
(http://www.healthcareitnews.com/story/widget-dest=http://www.himsswire.com/article/business-articles/privacy-projects-as-health-system-employs-value-based-program)

The FCC is seeking a coordinator to help foster the development and deployment...

Preparing for the New World of Self-Pay Collections



(http://oascentral.himss.org/RealMedia/ads/click_lx.ads/healthcarefinancenews.com/L25/1526396908/Bottom/Himss/Parallon_HFN x)

HIMSS Media

- Events (http://www.himssmedia.com/events/inperson-events/calendar)
- Solutions (http://www.himssmedia.com/solutions/digital-advertising)
- About (http://www.himssmedia.com/about/our-story)
- Contact (http://www.himssmedia.com/contact-us/office-locations)

PUBLICATIONS

- Healthcare IT News (http://www.healthcareitnews.com/)
- Healthcare Finance News (/)
- Healthcare Payer News (http://healthcarepayernews.com)
- Medical Practice Insider (http://medicalpracticeinsider.com)
- mHealth News (http://mhealthnews.com)
- Government Health IT (http://www.govhealthit.com/)
- HIE Watch (http://www.hiewatch.com/)
- ICD 10 Watch (http://www.icd10watch.com/)
- HIMSS Future Care (http://www.himssfuturecare.com/)

EDUCATION

- Conferences (http://www.himssmedia.com/events/inperson-events/calendar)
- White Papers (/resource-central/white-papers)
- Digital Events (http://www.himssmedia.com/events/virtual-events/calendar)
- HIMSS Books (https://marketplace.himss.org/)

NEWSLETTERS

- Healthcare Finance Daily (http://www.hfn-newsletter.com)
- Healthcare Finance Weekly (http://www.hfn-newsletter.com)
- Healthcare Finance Get Smart (http://www.hfn-newsletter.com)
- Healthcare Finance JobSpot (http://www.hfn-newsletter.com)

CAREER ADVANCEMENT

- Distance Learning (https://himss.learn.com/learncenter.asp?id=178409)
- Healthcare IT Jobs (http://jobmine.himss.org/)

MAGAZINE

- About (/about-healthcare-finance-news)
- Editors (/editorial-staff)
- Privacy Policy (/privacy-policy)
- Reprints (http://reprints.ygsgroup.com/m/healthcarefinancenews/)
- Advertising (http://www.himssmedia.com/advertising-specs)

Healthcare Finance Top 5 (<http://www.hfn-newsletter.com>)



(<http://www.healthcarefinancenews.com/issue/september-october-2014>)



(<http://www.healthcarefinancenews.com/issue/july-august-2014>)



(<http://www.healthcarefinancenews.com/issue/may-june-2014>)

News (/news)

Slideshows (/slideshows)

Blogs (*/blog*)

Video (*/videos*)

Jobs (<http://jobspot.healthcarefinancenews.com/#jobs>)

Infographics (*/infographics*)

SUBSCRIBE
([HTTP://EFORMS.KMPSGROUP.COM/JOINTFORMS/FORMS/SUBSCRIPTION.ASPX?
PUBCODE=HFNS](http://eforms.kmpsgroup.com/jointforms/forms/subscription.aspx?pubcode=hfns))

NEWSLETTERS ([HTTP://WWW.HFN-NEWSLETTER.COM](http://www.hfn-newsletter.com))

© 2014 Healthcare Finance is a publication of HIMSS Media